



Far Infrared Sauna Wellness Gift Certificate A Value of \$50

Far Infrared Sauna is a medically supervised program that allows one to detoxify at lower temperatures than conventional saunas thus allowing one to remain comfortably for a longer duration. The longer duration allows the body to detoxify at much deeper levels.

Gift Certificate for 2 Far Infrared Sauna Sessions

Name: _____ Date: _____

Call 613-829-7100 to book your sessions

OHGCIFS 2009

Authorized by: _____

www.optihealth.ca